



Age Group Bronze

Training Equipment:

Arena team mesh bag, Swimville kickboard, and Arena junior swim fins.

Age Group Silver

Training Equipment:

Arena team mesh bag, Swimville kickboard, Arena junior swim fins, Arena Free flow II pull buoy, Arena Elite finger paddles, Arena Elite Hand Paddles II (XS and S), and FINIS JR Stability Snorkel or FINIS Stability Snorkel

Age Group Performance

Training Equipment:

Arena team mesh bag, Swimville kickboard, Arena junior swim fins, Arena Free flow II Pull Buoy, Arena Elite finger paddles, Arena Elite Hand Paddles II (XS and S), and FINIS JR Stability Snorkel or FINIS Stability Snorkel or Ylon-A YSTI Swim Snorkel, Swimming Parachute (Red).

Senior Performance

Training Equipment:

Arena team mesh bag, Swimville kickboard, Arena powerfin pro II, Arena Free flow II Pull Buoy, Arena Elite finger paddles, Arena Elite Hand Paddles II (S/M/L), and FINIS JR Stability Snorkel or FINIS Stability Snorkel or Ylon-A YSTI Swim Snorkel, Swimming Parachute (Red).

High Performance

Training Equipment:

Arena team mesh bag, Swimville kickboard, and Arena powerfin pro II, Arena Free flow II Pull Buoy, Arena Elite finger paddles, Arena Elite Hand Paddles II (S/M/L), and FINIS JR Stability Snorkel or FINIS Stability Snorkel or Ylon-A YSTI Swim Snorkel, Swimming Parachute (Red), ARENA Ankle Band Pro, Tempo Trainer.